

L-3 Can design learning strategies to attain personal and professional goals

N.B. You will also do some planning and work which will contribute to your attainment of the F-1 competency. However, you will **NOT** satisfy, nor earn competency for F-1 in the Foundations course. The F-1 competency is satisfied **AFTER** the completion of Foundations, after you have met with your Professional Advisor, and after you have submitted all the appropriate evidence at your First Committee Meeting. If you so choose, you may also fulfill the F-1 competency by taking one of a selected number of SNL courses that offer the F-1 competency. This may be particularly helpful for those of you are still exploring your career and professional goals.

Learning Outcomes

In Foundations, students will gain an understanding of liberal learning, of competence-based education, and of learning styles and their application at SNL. Students will produce the following evidence of their learning:

1. A comprehensive Learning Plan. This plan will represent strategies for achieving the B.A. degree and will include reference to both prior learning and future learning activities.
2. A detailed goal analysis that describes each student's area of specialization, its history, dilemmas, purposes, operational theories, and noted contributors. This analysis will address both the professional and discipline aspects of the field and **MAY BE** submitted to the Professional Advisor following the Foundations course for assessment of F-1.
3. A well formulated and researched outline for a document that demonstrates how experience and research might be used to address a particular competence.
4. Completed documentation of prior accredited coursework.

See also Learning Outcomes pages in Foundations Resource book.

Learning Experience

- 1) Classroom - learning will include a variety of experiences including lecture, instructor-led discussions, small group discussions and group activities. The classroom experiences are intended to be engaging, energizing and enjoyable.
- 2) Individual study - will include selected weekly reading assignments, weekly written assignments and specific homework toward creating your individualized learning plan.

Expectations for Success

- 1) Since much of the substance of the course is presented and developed in class, and we will have eight actual class sessions, your attendance and participation is critical. Students who miss more than one session - without a compelling reason - may be asked to withdraw and take Foundations at a more convenient time. Those who miss more than two sessions - for any reason - will be asked to withdraw. If you must miss a class please let me know in advance. Please make arrangements with your learning partner to get the notes and assignments. If a catastrophic emergency prevents you from attending class, you **MUST** notify the instructor in advance.
- 2) Punctuality is required. We will begin each class session on time.
- 3) Cell phones and pagers **MUST** be turned off and may not be used during class.
- 4) Participation - recognizing that we are all equally responsible for creating the learning community, success will be influenced by the degree to which students are consistently prepared each week and contribute energy and enthusiasm to our learning community and for class material.
- 5) Assignments - each weekly assignment must be turned in on time! You have an option to miss up to two (2) weekly assignments without penalty. If you miss more than this you risk receiving a grade of "Incomplete" for the course.

Tentative Schedule

The following is a tentative schedule. It is likely this will change as class interests and direction emerge. Due dates for major assignments are indicated on this schedule but are subject to change. Other assignments not listed here will be announced in class.

April 1 - Week 1

Introductions

Course Overview

Review of Foundations of Adult Learning Resource Book

Overview of SNL's Purpose and Philosophy

Introduction to Learning Styles

Assignments:

- Read Sections I and II in the Foundations Resource Book (FRB)

- Complete "Class Profile Summary"

- Read "School for New Learning: Purpose and Philosophy" write a 1- 2 paragraph reflective commentary

April 8 - Week 2

Discuss SNL curriculum
Competence Framework Overview
Learning Styles Inventory
Transfer Courses/Pre-Approved Courses

Assignments:

- Read Sections VIII and IX in FRB
- Be prepared to bring to class course descriptions for any prior college courses that are NOT on the Pre-Approved list.

April 15 - Week 3

50 "boxes" - so many competencies, so many options, so little time (Section VIII)
Learning Plan - the building blocks to your degree
Transfer Coursework - The Process
Discuss and process Section VI

Assignments:

- Read Section III and IV

April 22 - Week 4

Learning from Experience
ILPs
Focus Area
Professional Goal Setting and Action Plan
Professional Advisor

Assignments:

- Prepare all "Non-SNL Coursework Assessment Forms" -
Due Week 5
- Begin the research for Professional Goal Setting and Action Plan

April 29 - Week 5

NO CLASS! INDIVIDUAL MEETINGS SCHEDULED WITH INSTRUCTOR

May 6 - Week 6

Library Presentation

Assignments:

-Read Section V and VII

May 13 - Week 7

Lifelong Learning

Research at SNL

Advanced Project/Externship

LIBRARY WORKSHOP DUE TODAY

Assignments:

- Read Section X

May 20 - Week 8

Catch-Up

Professional Goal Setting and Action Plan

Learning Plan

Academic Committee

Professional Advisor

First Committee Meeting

**PROFESSIONAL GOAL SETTING AND ACTION PLAN
DUE TODAY**

Assignments: TBD

May 27 - Week 9

Mock Committee Meeting

LEARNING PLAN DUE TODAY

Assignments:

- Complete the Self-Assessment in Section 1

June 3 - Week 10

Wrap-up

Next Steps

Course Evaluations

Assignments

Have a great summer -no matter what your plans for the the next three months - enjoy it! Summer is WAY too short in Chicago.

Have your First Committee Meeting **BEFORE** the leaves turn in the fall!

About the Instructor

Peggy St. John earned a B.A. at Michigan State University and a M.A. in Counseling Psychology at Wayne State University. She is a graduate of the Liberation Psychology Training Center, South Bend, Indiana and has completed a number of coach training courses through The Coaches Training Institute, San Rafael, California. She is Associate Director, SNL, Barat Campus. She has been an advisor, adjunct faculty member and faculty mentor at SNL for more than 16 years. In addition, she has a private personal and business coaching practice.