

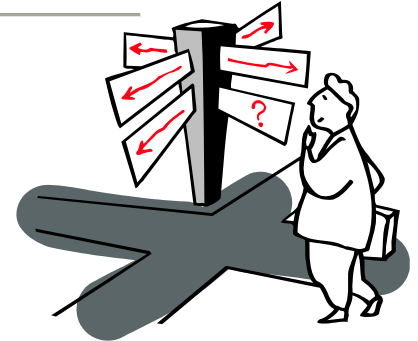
# Career vs. Calling

## Life Is All About the “Hyphen”

Fall, 2009

Faculty: Gregory L. Gilmore  
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Course No: FA 317  
Location: Loop Campus  
Dates: Thursdays, September 10-November 12, 2009  
Hours: 6PM-9PM



### Competencies Offered:

- A-1-D Can analyze writers’ or artists’ representations of human experience.
- A-3-D Can assess the assumptions and implications of a significant thinker’s ideas about work or leisure.
- H-2-H Can work with community partners to implement a service learning project.
- F-X Can articulate ways to identify your calling and integrate that understanding into your career/life planning.

### REQUIRED TEXTS:

- |                                     |  |
|-------------------------------------|--|
| Leider, Richard J. & Shapiro, David | WHISTLE WHILE YOU WORK: Heeding Your Life’s Calling (Berrett-Koehler Publishers, Inc., 2001) |
| Boldt, Laurence G.                  | HOW TO FIND THE WORK YOU LOVE (Penguin, 1996)  |
| Bronson, Po.                        | WHAT SHOULD I DO WITH MY LIFE? (Random House, 2002)  |

### Course Description:

When we die, our tombstones record our birth date and our death date, with a hyphen in between. How we live our lives is represented by that hyphen. The purpose of this class is to help you, the learner,

- Understand the difference between *Career* and *Calling*, learn how to make the most of your unique natural gifts, and how to find a vocation that is both socially responsible and personally fulfilling.
- Identify your own personal calling, and
- Discover ways to integrate your personal calling and your existing career.

Required readings are taken from *Whistle While You Work: Heeding Life's Calling* by Richard Leider and David Shapiro, *How to Find the Work You Love* by Laurence Boldt and *What Should I Do With My Life?* by Po Bronson. You will also be encouraged to examine the views of other authors, philosophers, spiritual leaders and artists, both historical and contemporary. A partial list of outside sources is included in the suggested reading bibliography for the course. You will be required to keep a Calling Journal. Multi-media activities include small and large group discussions and presentations, research, report writing and video and audiotape presentations. You will be encouraged to use the Internet in your research.

### **Faculty**

In a career that spans over 40 years, Gregory Gilmore has been engaged in leading change at several levels: the community, the organization and the individual. His career path has evolved into a leadership development plan that has been shaped by executive leadership, entrepreneurial and consulting experiences in such diverse fields as downtown development, the performing and visual arts, real estate development and construction, life coaching, landscape design and, most recently, teaching. One common thread that runs throughout his mosaic career involves some form of *change* whether it is community, organizational or personal change. Another major thread that emerges along this spiral path relates to Greg's love for learning and his passion for teaching and his deep desire to ignite the spark of lifelong learning in others. As someone who has devoted a lifetime to developing his own leadership capabilities, he is now especially interested in developing leadership skills in others

This experiences of his career have provided the spirit and substance for the body of work for the courses which Greg has developed and now teaches at DePaul University's School for New Learning and in the University's Interdisciplinary Studies Program. His current courses at the School for New Learning include:

- *Discovering the Leader Within: Exploring Transformational Leadership*
- *Leadership across the Globe*
- *The Leadership Edge*, an online course
- *The Art of Living: Achieving Fulfillment during Life's Transitions*
- *Career vs. Calling: Life is All About the Hyphen*

He also serves as Professional Advisor to approximately 30 SNL students in any given quarter, providing guidance and assessing their performance as they progress in their learning plan.

He currently teaches the course *Values-Based Leadership: Making a Difference While Making a Profit* in the Interdisciplinary Studies Program at DePaul.

Greg earned his Master of Art's Degree in Economic Development and International Relations from The Fletcher School of Law and Diplomacy at Tufts University and his Bachelor of Arts Degree, with majors in political science and history, from Bowling Green State University.

### **Attendance and Class Participation**

It is important that you attend each class session. The instructor hopes that you will find each class so interesting that you will not want to be absent. If you miss more than two classes during the quarter, you will not be passed. There will be no exceptions. If you think you will miss more than two classes, you are encouraged to make arrangements to take this course another quarter. And for every two times you are late by more than 15 minutes, you may be marked for one absence. If you are unable to attend class, it is your responsibility to (1) inform the instructor at least 24 hours prior to the missed class and (2) make arrangements with a classmate to obtain notes and handouts for you and (3) keep up with your assignments.

***NO MAN IS BORN INTO THE WORLD WHOSE  
WORK IS NOT BORN WITH HIM.***

***--James Russell Lowell***

### **Course Calendar: A Summary**

The following is a tentative week to week schedule, which is likely to vary as class needs and questions dictate.

**PLEASE NOTE THAT ALL HOMEWORK ASSIGNMENTS ARE NOT LISTED IN THE SYLLABUS. THERE WILL BE WEEKLY HANDOUTS WITH FURTHER ASSIGNMENTS.**

**Week One:** Introduction: “The Hyphen”

**Week Two:** Career/Life Planning Review

**Week Three:** Identifying Your Calling:

**Week Four:** The “*Flow*” Experience

**Week Five:** Values and Getting Connected to Calling

**Week Six:** How Do I Heed the Call?

**Week Seven:** Launching the Next Chapter of Your Life

**Week Eight:** Using Your Calling Everyday

**Week Nine:** Stay the Course: Staying Power and How to Stay Renewed

**Week Ten:** Doing the Work You Love or Loving the Work You Do

## Final Papers Due

When you are inspired by some great purpose, some extraordinary project, all your thoughts break their bounds. Your mind transcends limitations, your consciousness expands in every direction and you find yourself in a new, great and wonderful world. Dormant forces, faculties and talents become alive, and you discover yourself to be a greater person by far than you ever dreamed yourself to be.

--Patanjali

## Evidence Submitted by Competence

### ***For A-1-D, A-3-D and FX competencies:***

You will be required to prepare a paper (eight to ten pages) based on personal experiences, in-class assignments and independent research to demonstrate the selected competencies. All papers must be typed, double-spaced with one inch margins. Ideas for paper topics are discussed in class.

A portion of Class Five will be devoted to reviewing examples of paper topics. You will be asked to develop a proposal for the Final Paper in outline form by Class Six, and the instructor will assist you in any necessary refinements. In your paper you should cite and document at least four outside sources, and two of those can, and should, include the required readings. The Final Paper is due at Class Ten.

### ***For H-2-H (Service Learning) Competency:***

During the course you will be required to devote 20 hours of volunteer service with a service learning provider agreed to by you and the instructor. You will also be required to write a two to three page paper reflecting on your service learning experiences.

Throughout the class, the instructor and the class participate in various exercises in the form of homework assignments or in-class activities that relate to required readings, handouts and other designated material. The exercises are often further explored in small group and class discussions. These exercises, your reflections on class activities, various reading and writing assignments and independent research become the body of your Calling Journal that you will be asked to submit at Class Nine. The Instructor will return your Calling Journal at Class Ten.

All papers and other assignments must be handed in on the due date, unless permission from the instructor for an extension has been requested in advance and received. Incomplete grades will not be granted unless advance permission has been requested.

In all of the material submitted in this class, you will be expected to uphold the University's guidelines on academic integrity found in the Student Handbook. (See [www.depaul.edu](http://www.depaul.edu))

### **Evaluation:**

Class Participation: 40%

Calling Journal, including in-class Exercises/Journaling/Take-home Assignments: 30%

Final Paper: 30%

To take the course for Pass/Fail, please notify the instructor at the beginning of the second class.

### **On the Web:**

#### **The Job Hunter's Bible**

The Official Website for Richard Bolles (*What Color is Your Parachute*) Loaded with links and career help  
<http://www.jobhuntersbible.com/>



#### **Indiana Career and Postsecondary Advancement Center**

Just for Fun: Career Assessment Quiz

<http://www.icpac.indiana.edu/careers/inventories/Interest-Checklist.xml>

**The Princeton Review**

Check out the Career section; Also has a Career Quiz  
<http://www.princetonreview.com>

**Spirit Site**

The spiritual side of life; includes book excerpts and columns from many noted authors  
<Http://www.spiritsite.com>

**The Inventure Group: Discover Your Purpose**

Official website of Richard Leider (*Whistle While You Work*)  
 Power of Purpose Quiz and On Purpose Journal  
<http://www.inventuregroup.com>

**Minnesota Workforce Center**

<http://www.mnworkforcecenter.org/jobseekers.htm>  
 Tons of resources! Be sure to investigate their Creative Job Search. One of the best on the web and a Richard Bolles "Parachute Pick."

**Additional Suggested Reading:**

Other recommended resource material that may be selected by the student for work related to this course or for future use includes:

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|--|---|
| Beck, Martha   | FINDING YOUR OWN NORTH STAR: Claiming the Life You Were Meant to Live (Crown, 2001)       |
| Boldt, Laurence G.                                       | ZEN AND THE ART OF MAKING A LIVING (Penguin/ Arkona, 1999)                                |
| Bolles, Richard N.                                       | HOW TO FIND YOUR MISSION IN LIFE (Ten Speed Press, 2000)<br>WHAT COLOR IS YOUR PARACHUTE? |
| Bridges, William   | JOBSHIFT: How to Prosper in a Workplace Without Jobs (Perseus Books, 1994)                |
| Bronson, Po  | WHY DO I LOVE THESE PEOPLE? (Random House, 2005)  |
| Bryan, Mark<br>(with Julia Cameron &<br>Catherine Allen) | THE ARTIST'S WAY AT WORK (Quill, William Morrow, 1998)                                    |
| Cameron, Julia   | THE ARTIST'S WAY: A Spiritual Path to Higher Creativity (G.P. Putnam's Sons, 1992)        |
| Csikszentmihalyi,<br>Mihaly                              | FLOW: The Psychology of Optimal Experience (Harper Perennial, 1991)                       |

- GOOD BUSINESS: Leadership, Flow and the Making of Meaning  
(Penguin Putnam, Inc., 2003)
- Edmundson, Mark      TEACHER: The One Who Made the Difference (Vintage Books, 2002)
- Evans, Susan B. &  
Avis, Joan P.      THE WOMEN WHO BROKE ALL THE RULES (Sourcebooks Inc.,  
1999)
- Fox, Matthew      THE REINVENTION OF WORK (Harper Collins, 1995)
- Hudson, Frederic M.  
& McLean, Pamela D.      LIFELAUNCH: A Passionate Guide to the Rest of Your Life (Hudson  
Institute Press, 2000)
- Grian      THE GARDENER (Thorsons, 1996)
- Jones, Laurie Beth      THE PATH: Creating Your Mission Statement for Work and Life  
(Hyperion, 1996)
- Leider, Richard J. &  
Shapiro, David A.      REPACKING YOUR BAGS: How to Live with a Sense of Purpose  
(MJF Books, 1995)
- Levoy, Gregg      CALLINGS: Finding and Following an Authentic Life (Three Rivers  
Press, 1997)
- Loeb, Paul Rogat      THE IMPOSSIBLE WILL TAKE A LITTLE WHILE: A Citizen's  
Guide to Hope in a Time of Fear (Basic Books, 2004)
- Marriner, Mike and  
Gebhard, Nathan      Road Trip Nation: A Guide to Discovering Your Path in Life
- McKenna, Elizabeth P.      WHEN WORK DOESN'T WORK ANYMORE: Women, Work and  
Identity (Delta, 1997)
- Palmer, Parker J.      LET YOUR LIFE SPEAK: Listening For the Voice of Vocation (Jossey-  
Bass, 2000)
- Sher, Barbara      LIVE THE LIFE YOU LOVE (Delacorte Press, 1996)
- Sher, Barbara      IT'S ONLY TOO LATE IF YOU DON'T START NOW (Dell, 1999)
- Sinetar, Marsha      DO WHAT YOU LOVE, THE MONEY WILL FOLLOW (Dell, 1987)
- St. James, Elaine      LIVING THE SIMPLE LIFE: A Guide to Scaling Down and Enjoying  
more (Hyperion, 1996)
- Vaughan, Susan C.      HALF EMPTY HALF FULL (Harcourt, Inc., 2000)
- Zander, Rosamund

Stone & Zander,  
Benjamin

THE ART OF POSSIBILITY: Transforming Professional and Personal  
Life (Harvard Business School Press, 2000)

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**THINK  
ABOUT IT...**

*Everyone has been made  
for some particular work  
and the desire for that  
work has been put in his  
(her) heart.*

**--Rumi**

*People are about as happy as  
they make up their minds to be.*  
**--Abraham Lincoln**

## ANOTHER PERSPECTIVE ON THE MEANING OF SUCCESS

“Most people jump through life, asking what’s next, and choosing based on where can they make the most money, what offers the most upside or opportunity. A conventional ‘success’ story is one where, with each *next*, the protagonist has more money, more respect, and more possessions. I’d like to suggest an alternative ‘success’ story – one where, with each *next*, the protagonist is closer to finding that spot where he’s no longer held back by his heart, and he explodes with talent, and his character blossoms, and the gift he has to offer the world is apparent.”

--Po Bronson, *What Should I Do With My Life*, p. 222

One day you finally knew  
what you had to do, and began,  
though the voices around you  
kept shouting  
their bad advice--  
though the whole house  
began to tremble  
and you felt the old tug  
at your ankles.  
"Mend my life!"  
each voice cried.  
But you didn't stop.  
You knew what you had to do,  
though the wind pried  
with its stiff fingers  
at the very foundations,  
though their melancholy  
was terrible.  
It was already late  
enough, and a wild night,  
and the road full of fallen  
branches and stones.  
But little by little,  
as you left their voices behind,



the stars began to burn  
through the sheets of clouds,  
and there was a new voice  
which you slowly  
recognized as your own,  
that kept you company  
as you strode deeper and deeper  
into the world,  
determined to do  
the only thing you could do--  
determined to save  
the only life you could save.

—Mary Oliver